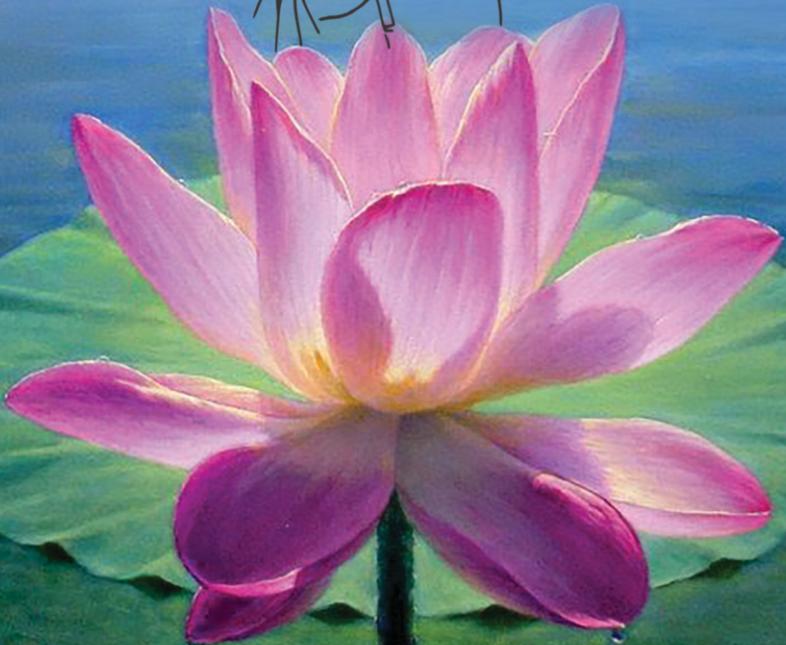


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**Studies at
Adi Shankara Brahma Vidya Peeth**





Adi Shankara Brahma Vidya Peeth is Located in **Uttarkashi**, in the lofty Himlyas, on the sacred banks of holy Bhagirathi-Ganga, on the way to Gangotri in the ancient pilgrimage town is the century old Adi Shankara Brahma Vidya Peeth (ASBVP). Uttarkashi is eternally hallowed by many references to it in the epic Mahabharata.

Established in 1910 and reconstructed in 2010, this nerve center of spirituality has witnessed the blossoming of some of the greatest spiritual giants of the Dashanami tradition of the past century, like Shri Swami Tapovan ji Maharaj, Shri Swami Chinmayananda Sarasvati (*founder of Chinmaya Mission*), Shri Swami Chaitanyananda Sarasvati (*founder of Sivananda Ashram, Uttarkashi*), Swami Chidananda Saraswati (Divine Life society, Rishikesh), Swami Ganeshananda Puri ji Maharaj (founder, Sadhana Sadan, Haridvar), Swami Dayananda ji Maharaj (founder, Arsha Vidya Gurukulam, Rishikesh), Swami Premananda Saraswati ji Maharaj (Founder, Sivananda Seva Samiti, Ganeshpur and founder President of ASBVP), and many more spiritual luminaries did their Sadhana, studies in the Gurukula tradition and had their awakening stimulated here in the hallowed precincts of Adi Shankara Brahma Vidya Peeth (ASBVP).

We are pleased that the same values and fervor of Gurukula tradition of 1910 - Sadhana, studies and dedication –have been unwaveringly prevailing here till now.

Apart from Vedanta, *Vyakarana* as well as *Prakarana Granthas* of Darshana shastras are taught to ascetics seeking *Samnyasa* and full time Brahmacharis. The teaching, in the Kailasa tradition, is under the loving guidance of a team of three Acharyas of ASBVP, committed to reviving and disseminating the timeless, yet time tested spiritual essence of Sanatana Dharma. ASBVP is indeed blessed to have trained great many Sadhakas, over the period of a century.

<i>Darshana</i>		<i>Texts</i>	<i>Remarks</i>	<i>Approximate Time</i>
BEGINNERS				
Vyakarana	Medium - Hindi	Laghu Siddhanta Kaumudi along with Rupa Chandrika	Sutras with Vrittis need to be memorized	1 year and 6 months
		Ashtadhyayi (optional)	Sutras need to be memorized	2 years
	Medium - English	First book of Bhandarkar	should be studied along with Rupa Chandrika	1 years
		Second book of Bhandarkar	should be studied along with Rupa Chandrika	1 year and 6 months
Nyaya Vaisheshika		Tarka Sangraha with Padakritya	Mula text needs to be memorized	75 hours
		Tarka Sangraha with Nyaya Bodhini Tika	Lakshanas need to be memorized	60 hours
Mimamsa	Artha Sangraha		Mula text needs to be memorized	60 hours
Samkhya	Samkhya Kaarika with Gaudapaada Bhashya		Karikas need to be memorized	90 hours
Yoga	Yoga sutras with Vyasa Bhashya		Sutras need to be memorized	90 hours
Vedanta		Tattva Bodha	Text needs to be memorized	30 hours
		Atma Bodha	Shlokas need to be memorized	45 hours
		Panchadasi - First five Prakaranas + Chitradeepa + Triptideepa + Yogananda Prakaranas	Important Shlokas need to be memorized	1 year
		Dashopanishad Mulam	Text needs to be memorized	3 year
		Bhagavat Gita with Bhashyam - 1 - 3 Chapters (optional)	Text needs to be memorized	6 months
		Panchikarana with Vaartika (optional)		45 hours
		Vivekachudamani (optional)	Important Shlokas need to be memorized	1 year and 6 months
Bhakti Sutras		Narada Bhakti Sutras (optional)	Sutras need to be memorized	30 hours
		Bhaktirasayanam of Madhusudana Saraswati		30 hours
		Bhagavat Gita with Bhashyam - 12th Chapter (optional)		30 hours

<i>Darshana</i>		<i>Texts</i>	<i>Remarks</i>	<i>Approximate Time</i>
INTERMEDIATE				
Vyakarana	Medium - Hindi	Siddhanta Kaumudi	Sutras need to be memorized	3 years
	Medium - English	Apte's Sanskrit Compositions (3rd Book) - along with higher grammar of Kale		2 years
Nyaya Vaisheshika		Nyaya Siddhanta Muktavali	Karikas need to be memorized	1 year
		Vyaptipanchakam (Navya nyaya)		90 hours
Mimamsa		Artha Sangraha along with Kaumudi Tika		90 hours
		Mimaamsaparibhaasha		60 hours
<p>Note: Daily 2 hours of classes plus extra one hour chanting, with added hours for self-study, memorizing and note preparation.</p> <p>Many Sadhakas complete the subjects in 3 to 4 years, depending on circumstances.</p>				

Guidelines

- Study, Sadhana and Selfless Service (Nishkaama Seva) are the duties of a Brahmachari.
- Jijnasa, Mumukshutva and Samarpanam (complete dedication), are the three basic qualifications for a student of this Peeth.
- The sessions would be mainly in Sanskrit and Hindi; however in special cases other regional languages or English would be used.
- Along with the services prescribed by the shaastras, the Brahmacharis are expected to offer their services for the Peeth, as advised by the Acharyas.
- Other than appreciation and blessings, no certificate or any other documents would be issued to the students at Samaavartana – at the completion of studies. It cannot be referred to, for any kind of official or legal purposes.
- By the guidance of senior Acharyas, senior students can take classes and guide the beginners.
- If the Brahmachari is absent for a long time without informing the Acharya, the Acharya has the freedom to ask him to discontinue the classes.
- Before joining any class one should properly introduce himself to the Acharya, and as per his directions attend the classes.
- The text book used for the classes if taken from the library, one shouldn't write anything in it other than marking printing errors or corrections, as directed by the Acharya. It is recommended to keep a separate book for personal notes.
- For maximum benefit from studies and Sadhana and for one's own betterment, one should not use any kind of intoxicants and ought also avoid food from local restaurants, tea shops etc.
- If the seeker has already been learning some of the subjects prescribed in our schedule from other institutions or Ashrams, then he can join the advanced classes with the permission of Acharya.

- **The Acharyas have the freedom to teach any of the text, listed or unlisted, as per the requirement, or as they deem fit.**
- The Brahmacharis should participate whole heartedly in general activities, chantings or discussions held in the Peeth and all the special events celebrated.
- The initiated Brahmacharis are suggested to take one time Bhiksha from the outside kshetras at least for a year as a part of traditional Sadhana for purification.
- Apart from their regular sadhana, svadhyaya and Ashram seva, the beginners are advised to attend only 2 hours of class daily, as they require more time for self-study and revisions.

Activities for Residents

- As part of daily traditional practice, the Brahmacharis should do Saashtaanga Pranaamam to the senior most Acharya of the Peeth.
- Bhashya Parayanam in the morning, evening Arati, morning and evening Bhikshas are part of daily schedule.

Other events and practices

- Monday, Shiva mahimna Stotra Paatha
- On Ashtami, Purnima and Amavasya morning Vishnusahasranaama Paatha
- On Amavasya, Srimat Bhagavat Gita and Brahma Sutra Paatha
- On Purnima, Vyakarana Sutra Paatha and Darshana Shastra Paatha
- The newly initiated and to be initiated Brahmacharis should know the Aachara samhita and Sandhya vandana. For that, special classes on Aachara Niyamas, and 1st and 2nd chapters of Manu Smriti would be conducted.
- On Pratipada, Shastra Vichara Goshti – anyonyam (mutual discussion).
- The Brahmacharis who are inclined for Samnyasa are advised to listen to Naradaparivraajaka Upanishad, Jaabaala Upanishad and Jivan Mukti Viveka of Vidyanaya muni.

The list of basic Veda mantras and shlokas for chanting:

- 15th Chapter of Bhagavat Gita
- Arati Puja mantras
- Totakaashtakam
- Vishnu Sahasranaamam
- Shiva Mahimna Stotram
- Purusha Suktam
- Sri Rudram

हरिः ॐ





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